

My visit
to the
Immediate Care Center



Hendricks
Regional Health



Sometimes I have so much fun, I get hurt. My parents may put ice where it hurts or give me medicine to feel better, but it still hurts.

Sometimes I get sick and I need to have some one see why I don't feel good. My regular doctor can't see me today though



And sometimes, I need medicine to make me feel better. So I go to the Immediate Care Center.



The Immediate Care Center is there to help me when I don't feel good. When my regular doctor can't see me, I can always go to the Immediate Care Center. They are there to help me and to help me feel better. They are open special hours, when my doctors office may be closed.

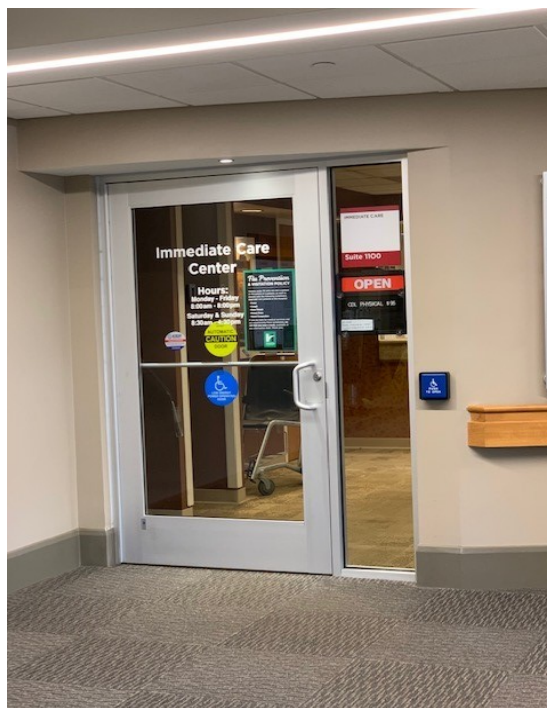


This is what the front desk looks like. They may say hi and tell me where to go.

I go to the check in desk and tell them my name and my parents give their insurance card.

I tell them what is wrong. Then I wait my turn for my name to be called. Sometimes I wait a little, sometimes I wait a long time. I should bring a book or a toy to keep me busy so I don't have to think about the wait.

When it is my turn, they will call my name.



There are several different exam rooms. The lights are bright, but I can ask to have them turned down.



If I have a cut or a sore on my body, I may go in this big exam room. It is big and the lights are bright.
(left)

This is what most exam rooms look like. They have chairs so my parents or friends can sit.
(right)



All of the exam rooms have gloves, an exam table, a rolling chair, a blood pressure machine, and a computer.



They will get my weight, so I can get the right medication. This doesn't hurt and will make a beeping noise when it's done.

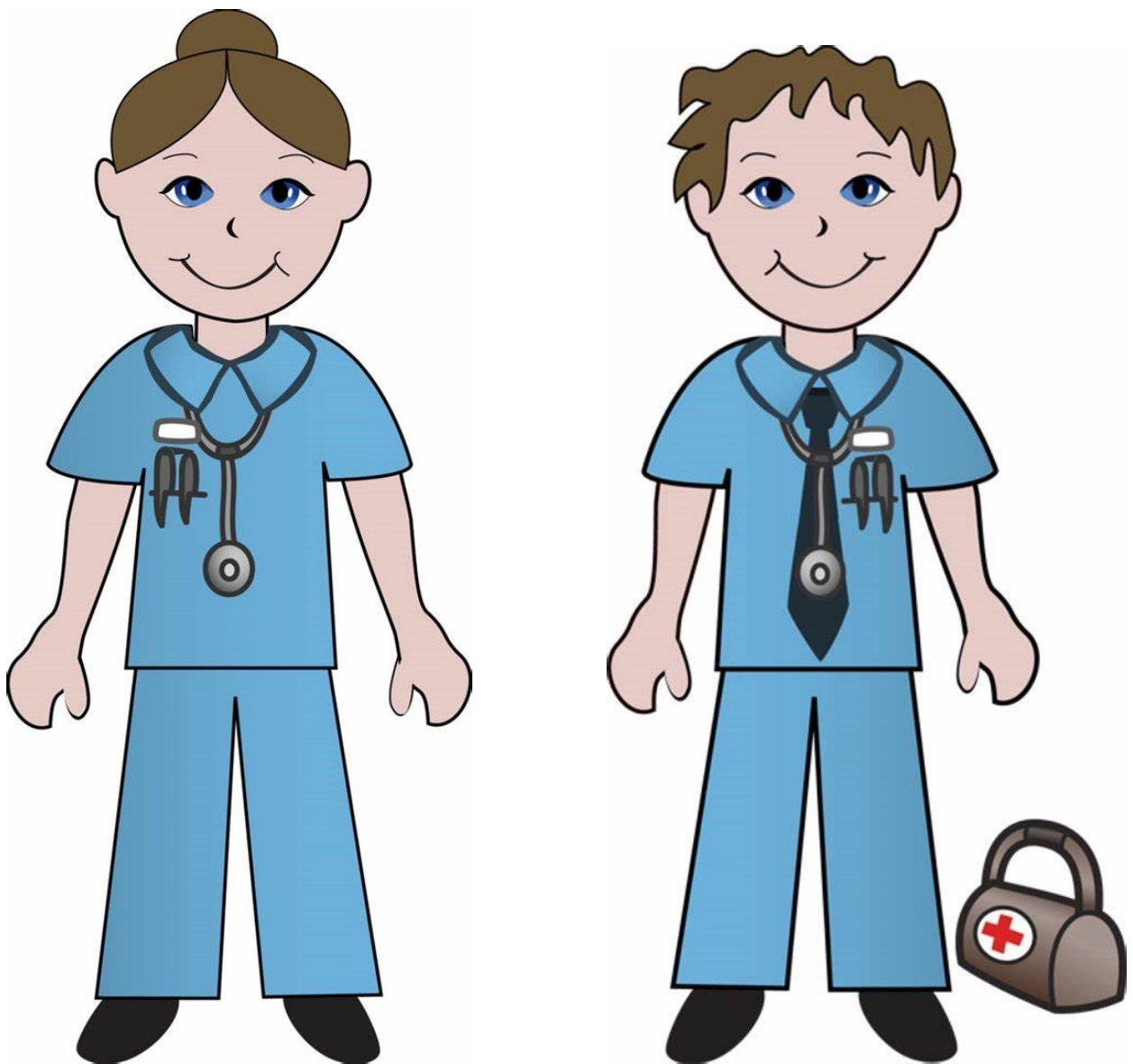
They will get my temperature. This doesn't hurt and will beep when it is done.



Then they will put a red light on my finger and get my blood pressure. The blood pressure cuff will squeeze my arm, but it doesn't hurt me.



A doctor, nurse practitioner, or physician assistant will see me. They will ask me (or who is with me) several questions about my medication, what hurting, and why I don't feel good. They are there to help me and they won't hurt me. They wear a stethoscope around their neck. This is used to listen to me breathe, listen to my heart, and listen to my stomach. It doesn't hurt me.



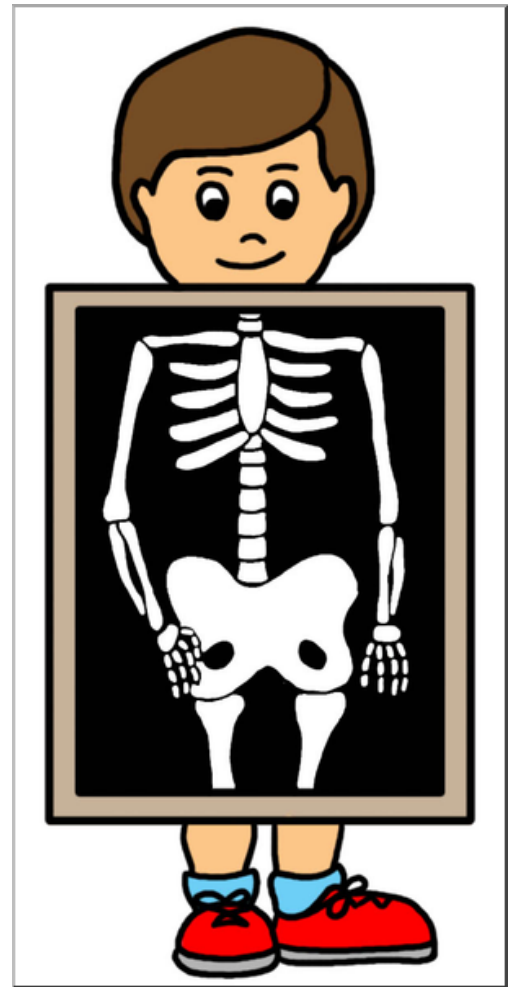


This is an otoscope. It looks like a flashlight

It has a light on it to see inside my ear. It may feel funny, but it doesn't hurt.



They may use this to look in my mouth too. But it doesn't hurt



If I fell or hurt my arm, legs, feet, or fingers; I may need an Xray. This machine may make a lot of noise and shine a light on me, but it doesn't hurt me. The xray tech will put a lead apron, which is a little heavy, across my lap. This is to protect me. The Xray is a special camera that can see my bones.

This is Tyler. He has autism. He also goes to the Immediate Care when he is sick.

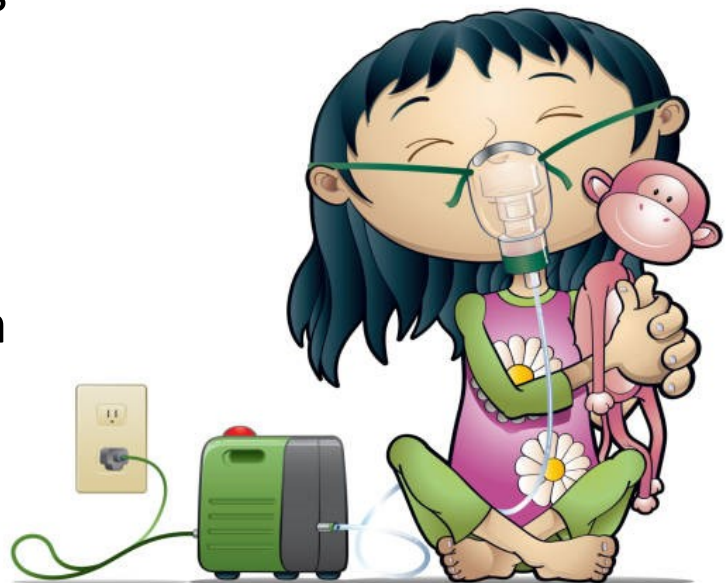


If I am running a fever, I can get medicine while I am there to make me feel better. It will taste like grape, cherry, or orange. I can have water or my drink if I need too.



I can ask if I can swallow a pill if I don't like liquid. If my stomach isn't feeling well, I may get a medicine that dissolves under my tongue. It may make my tongue tingle.

If I am coughing or having a hard time breathing, I may get a breathing treatment. This is a mask that goes on my face with a misting solution. It doesn't hurt me. It helps me feel better.





I came to the Immediate Care Center because I wasn't feeling good or because I got hurt.

After the staff and providers took care of me, I feel so much better. I am happy.





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The End